BREAKFAST

10/7-10/10

FOODS Hall at Alpharetta
Monday - Thursday, 7:30am – 10:00am
Pre-order + Pre-pay using the FOODS Mobile app!

Jorge Portela, Executive Chef

SCAN ME

FLAME

MONDAY – THURSDAY

Eggs Your Way	**$1.25 EA**
BYO Omelet	**$4.01+**
BYO Breakfast Sandwich	**$3.52+**

SIDES

Chicken and Apple Sausage (1)	**$1.25**
Pork Sausage Link (1)	**$1.25**
Bacon (1)	**$1.25**
Hash Browns (1)	**$1.25**
Tater Tots	**$2.25**

CONTINENTAL

MONDAY - THURSDAY

Assorted Muffin	**$2.87**
Assorted Bagel	**$2.00**
Croissant	**$2.50**

FOOD UNITES US

BREAKFAST **SPECIAL**

MONDAY – THURSDAY
Sausage, Egg and Cheese
English Muffin
$5.25

HOT **CEREAL**

MONDAY – THURSDAY
12OZ $2.50
Old Fashioned Oatmeal
Grits

GRAB 'N GO

ALL WEEK

Fruit Cups	**$1.81**
Assorted Berry Vanilla Yogurt Parfait	**$4.33**

LUNCH

10/7-10/10

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SCAN ME

FLAME

FLAME

MONDAY – THURSDAY

BYO Crispy Chicken Sandwich	**$6.30**
BYO Burger	**$7.50+**
BYO Grilled Chicken Sandwich	**$6.30**
BYO Black Bean Burger	**$6.00**
Alpharetta Patty Melt	**$8.67**
Alpharetta Blackened Chicken Sandwich	**$8.79**

GRAZE $0.66 PER OUNCE

graze.

HOT LINE GRAZE

MONDAY
BBQ Glazed Chicken, Sweet Potatoes, Broccolini, Roasted Button Mushrooms

TUESDAY
Chimichurri Grilled Chicken, Garlic Roasted Green Beans, Roasted Carrots, Yellow Rice

WEDNESDAY
Garlic Parmesan Wings, Buffalo Wings, Sweet Chili Wings, Tortellini Pasta Salad, Grilled Vegetables

THURSDAY
Chicken Parmesan, Eggplant Parmesan, Penne Vodka Vegetable Medley and Caesar Salad

SAVORY **SOUP**

MONDAY – THURSDAY
12OZ $3.62
Creamy Chicken Soup
Broccoli Cheddar Soup

SIDES

Sweet Potato Fries	**$2.25**
French Fries	**$2.25**
Tater Tots	**$2.25**

FOOD UNITES US

LUNCH

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SCAN ME

GRILL SPECIAL

BBQ Bacon Cheeseburger **$8.75**

GRAB 'N GO

MONDAY – FRIDAY
Sandwiches + Salads $6.50+
Blackened Chicken Caesar Wrap – Romaine, Parmesan, Tortilla
Garden Salad – Mixed Greens, Tomato, Onion, Cucumber, Carrot
Grilled Chicken Caesar Salad – Romaine, Croutons, Parmesan, Grilled Chicken
Greek Salad – Romaine, Banana Peppers, Olive, Feta, Onion, Oregano

DESSERT/BAKE SALE

Assorted Cookies	**$1.66**
Brownie	**$2.21**

FOOD UNITES US

BREAKFAST

10/14-10/17

FOODS Hall at Alpharetta
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Jorge Portela, Executive Chef

SCAN ME

FLAME

MONDAY – THURSDAY

Eggs Your Way	**$1.25 EA**
BYO Omelet	**$4.01+**
BYO Breakfast Sandwich	**$3.52+**

SIDES

Chicken and Apple Sausage (1)	**$1.25**
Pork Sausage Link (1)	**$1.25**
Bacon (1)	**$1.25**
Hash Browns (1)	**$1.25**
Tater Tots	**$2.25**

CONTINENTAL

MONDAY - THURSDAY

Assorted Muffin	**$2.87**
Assorted Bagel	**$2.00**
Croissant	**$2.50**

FOOD UNITES US

BREAKFAST **SPECIAL**

MONDAY – THURSDAY
Bacon, Egg and Cheese
on Croissant
$5.25

HOT **CEREAL**

MONDAY – THURSDAY
12OZ $2.50
Old Fashioned Oatmeal
Grits

GRAB 'N GO

ALL WEEK

Fruit Cups	**$1.81**
Assorted Berry Vanilla Yogurt Parfait	**$4.33**

LUNCH

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Alpharetta Blackened Chicken Sandwich	**$8.79**

GRAZE $0.66 PER OUNCE

HOT LINE GRAZE

MONDAY
Chicken Pomodoro, Grilled Vegetables, Tortellini Pasta, Garlic Bread

TUESDAY
Baked Cod, Baked Chicken, Yellow Rice, Roasted Fingerling Potatoes, Broccolini

WEDNESDAY
Buffalo Wings, Honey Garlic Wings, BBQ Wings, Waffle Fries, Roasted Vegetables

THURSDAY
Bulgogi Rice Bowl, Basmati Rice, Bulgogi Chicken, Korean Spinach, Sesame Carrots, Korean Radish and Soy Glazed Mushrooms

SAVORY **SOUP**

MONDAY – THURSDAY
12OZ $3.62
Chicken Tortilla Soup
Minestrone Soup

SIDES

Sweet Potato Fries	**$2.25**
French Fries	**$2.25**
Tater Tots	**$2.25**

FOOD UNITES US

LUNCH

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Jorge Portela, Executive Chef

SCAN ME

GRILL SPECIAL

Blackened Chicken Quesadilla
with Pico De Gallo, Sour Cream and Guacamole **$8.35**

GRAB 'N GO

MONDAY – FRIDAY
Sandwiches + Salads $6.50+
Blackened Chicken Caesar Wrap – Romaine, Parmesan, Tortilla
Garden Salad – Mixed Greens, Tomato, Onion, Cucumber, Carrot
Grilled Chicken Caesar Salad – Romaine, Croutons, Parmesan, Grilled Chicken
Greek Salad – Romaine, Banana Peppers, Olive, Feta, Onion, Oregano

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Assorted Cookies	**$1.66**
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